



## LESS FAT. MORE MUSCLE.

The latest creation from CRYOSKIN PARIS.

### What is the Neuro-Muscular Stimulation?

Forget all you know about electrical muscle stimulation (EMS) and electromagnetic fields...

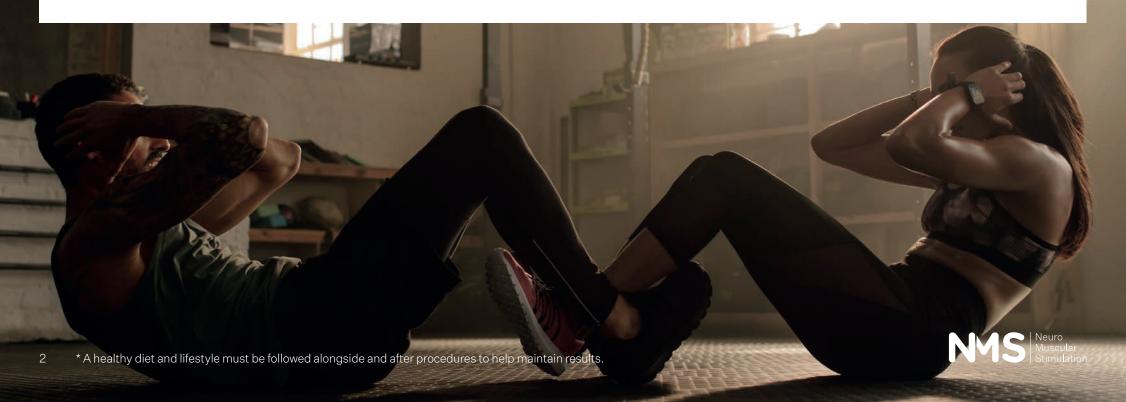
NMS°, the Neuro-Muscular Stimulation, is a new non-invasive body shaping technology that is safe, incredibly powerful, and will completely transform your body in just a few sessions\*.

NMS® uses a complex form of electric pulse called the neuro-muscular pulse which generates a deep, intense and repeated muscle contraction.

NMS® offers 6 different programs allowing everyone to select and combine the best options to reach their own goals very quickly.

Programs are: Contouring, Muscle, Cellulite, Recovery, Drainage, Pelvic Floor Strengthening.

A New Technology for Non-Invasive Body Shaping.



### Why is NMS® different?

The neuro-muscular pulse generates many more muscle contractions than other technologies using simple EMS (electrical muscle stimulation) or electromagnetic fields. Neuro-muscular pulses are also stronger whilst very comfortable.

A 30-MINUTE NMS® SESSION GENERATES ON AVERAGE 60,000 SUPRAMAXIMAL MUSCLE CONTRACTIONS ON EACH MUSCLE GROUP.

So far EMS devices, also called electrostimulation devices, brought limited results in terms of muscle growth because of the simple form of the electric current used (biphasic). In fact, various electrostimulation devices require that you perform a specific workout when using them (active electrostimulation), that can be very demanding and unpractical. More recently, electromagnetic stimulation devices appeared on the market. This technology conveys an electromagnetic wave to the skin and creates a vibration which is very visible but superficial.

The neuro-muscular pulse will allow you to obtain results never achieved before. A 30-minute session generates on average 60,000 muscle contractions with no effort and no sweat. These contractions are called supramaximal. They are much stronger than the highest tension your muscle can exert and hold under normal conditions (maximal voluntary contractions).





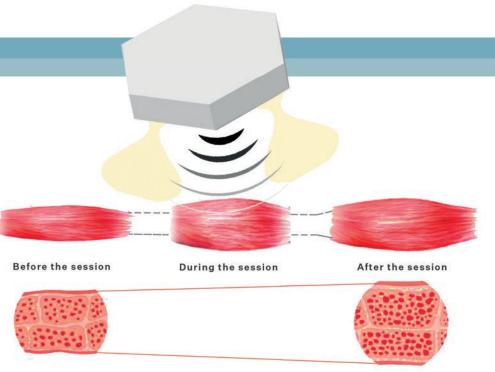
### How does it work?

When we decide to contract a muscle, our brain sends an electrical signal to the muscle via the motor neurons. The Neuro-Muscular Stimulation imitates this natural mechanism, but in a much more complex and powerful form, with the creation of supramaximal muscle contractions.

A RECORD DEPTH OF 20 CM / 8 INCHES.

Under the impact of repeated contractions, muscle fibers break down to rebuild, increasing in size the days after. This process is often associated with the accumulation of lactic acid in the muscle that can cause muscle aches. It is recommended to do stretching after the session as you would for any other sport practice where the muscles are strongly solicited. Also, it is mandatory to avoid any sport up to 24 hours after an NMS\* session to allow time for the muscles to rest and repair.

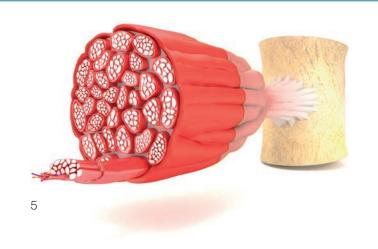
A 30-MINUTE NMS° SESSION IS EQUIVALENT TO A 4-HOUR WORKOUT, WITH NO EFFORT.











### NMS® benefits for the body

When muscles contract, a metabolic exchange occurs simultaneously in the surrounding fat tissues to release the energy reserves in order to nourish the muscles. These rapid metabolic reactions in fat cells reduce body fat. It is worth mentioning that thanks to a pulse depth of 650 microsec. (15-20 cm / 7-8 inches), NMS® is the only technology in the world capable of reducing visceral fat.

## NMS<sup>®</sup> is the only technology in the world capable of burning both subcutaneous and visceral fat.

Not only does NMS° work on muscle and fat, it also activates more than 350 muscle protective tendons and ligaments, contributing to the body's overall strength and resistance. In addition to all this, NMS° increases the oxygen supply to the tissues of the body and improves the quality of the skin.

Also, thanks to its unique electrical outfit including a lower body belt (for glutes and thighs), a vest (for abs, pecs and back), an abdomen belt and two arm belts, NMS® is the only device is the world delivering such an intense pulse on so many body parts.



### NMS® programs

**CONTOURING:** Indicated for controlled muscle development and generalized toning, this program has been created specifically to burn fat and re-contour the body with lean and shapely muscles.

**MUSCLE:** This program is the strongest one. It transmits short and intense waves of neuro-muscular pulse, bringing an explosive-type contraction, which induces a very fast muscle hypertrophy.

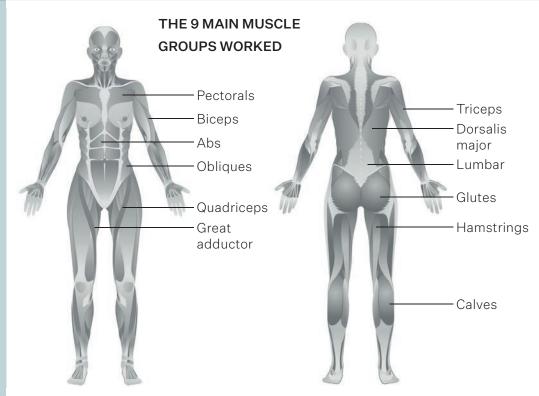
**CELLULITE:** This program transmits a wave to the skin which breaks down the adipocyte clusters responsible for the orange peel aspect.

At the same times the wave tones the upper layers of the muscle.

**DRAINAGE:** This program uses a gentle impulse to activate lymphatic drainage in the lower limbs. 30 minutes of this drainage is equivalent to 4 hours of walking. This program is ideal for people with water retention or blood circulation problems.

**RECOVERY:** This program produces gentle muscle contractions to help recover from muscle fatigue and regain muscle strength after training, competition, or other physical activity. This program can also be used to train people in need of functional muscle recovery after prolonged inactivity.

**PELVIC FLOOR STENGHTENING:** This program is ideal for women after childbirth to strengthen the muscles by the perineum area. It is also useful for men and women who are looking to prevent or reduce urinary incontinence symptoms.







# Before &

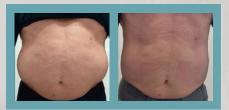
# After



5 sessions



6 sessions



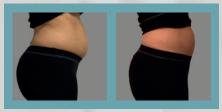
15 sessions



12 sessions 12 sessions



6 sessions



8 sessions



10 sessions

NMS° programs are so efficient, you will see results from the first session. We recommend to undergo 2 sessions per week for 2 months for a complete body transformation. We recommend to continue NMS° on a regular basis to maintain your shape. NMS° sessions are indicated for men and women who wish to improve their physical condition.

There is no age limit, and very few contraindications.





### NMS® FULL BODY

NMS\* FULL BODY is the most powerful device in the range.

The neuro-muscular pulse is transmitted to the muscle groups by 20 neuro-muscular sensors. These sensors are powered by the master unit, which allows for clients to be received back-to-back throughout the day with a maximum power.

The 20 sensors allow the machine to work on all the body parts AT THE SAME TIME: quadriceps, hamstrings, adductors, glutes, abs, obliques, pecs, back, lumbar, biceps, triceps. NMS® Full Body is delivered with an abdomen belt as well as a vest, giving you more flexibility with how to treat your clients depending on their morphology and goals.

For the first time ever, a technology allowing to work on the entire body in only 30 minutes with an incredible intensity.

### NMS® FULL BODY + TESLA

The NMS\* FULL BODY can be upgraded with 2 TESLA APPLICATORS.

The Tesla applicators deliver a high intensity electromagnetic field (as high as 2 Teslas) to the glutes to maximize drainage, skin toning and to reduce cellulite dimpling. It is a plus, in particular when using the Cellulite and Drainage programs.





#### NMS® FULL BODY Features:

- ✓ NMS® Full Body master unit (dimensions WxDxH: 30x5x30 cm, weight: 4kg)
- NMS® Android tablet allows the operator to move freely in the treatment room and adjust the parameters to each client depending on their needs and capacities
- ✓ 1 electrical outfit with 20 neuro-muscular sensors. It includes the following belts and vest:
- ✓ 1 lower body belt for the glutes and thighs with 4 pairs of sensors: glutes, quadriceps, hamstrings, adductors
- ✓ 1 belt for the abdomen with 2 pairs of sensors: abs, obliques
- 1 vest for the torso to be connected to the master unit instead of the abdomen belt with 4 pairs of sensors: abs, pecs, back, lumbar
- ✓ 2 belts for the arms (you can alternatively use on the calves) with 2 pairs of sensors: biceps, triceps
- 2 Tesla applicators for the glutes (optional)
- ✔ Power supply 110v-240v 50/60hz
- 2-year full coverage device guarantee 1 year for applicators, sensors and accessories

NMS<sup>®</sup> is to be used with the recommended personal underwear which allows excellent conductivity.

Personal underwear is washable and designed to respect the user's privacy during the procedure.





### NMS® EASY

NMS® EASY is our wireless device.

The neuro-muscular sensors are powered by batteries located directly on the electrical outfit (there is no master unit). This allows a fast and easy set up. The clients can also easily change position during the session. Clients can potentially plank or contract the muscles during the session to maximize results even though it is not necessary as the neuro-muscular pulse is already very strong and will achieve very good results with no effort.

A full charge allows enough usage to conduct sessions for one or two days. This product does not include Tesla applicators and can not be upgraded with the Tesla applicators option.

This model includes 16 neuro-muscular sensors that work simultaneously on most muscular groups: thighs, glutes, abs, pecs, back, lumbar, arms.

## NMS° EASY IS PERFECT FOR MEN AND WOMEN LOOKING FOR A COMPLETE BODY TRANSFORMATION QUICK AND SIMPLE.

NMS® electronic system is worn directly on the suit. It gives you the possibility to manage the procedure in total freedom. The system can work for more than 12 hours.







#### NMS® EASY Features:

- ✓ NMS® Android tablet allowing the operator to move freely in the treatment room and adjust the parameter to each client depending on their needs and capacities
- ✓ 1 electrical outfit with 16 neuro-muscular sensors. It includes the following belts and vest:
- ✓ 1 lower body belt for the glutes and thighs with 3 pairs of sensors: glutes, quadriceps, hamstrings
- 1 vest for the torso with 4 pairs of sensors: abs, pecs, back, lumbar
- ✓ 2 belts for the arms (you can alternatively use on the calves) with 1 pair of sensors: biceps or triceps
- ✓ Power supply 110v-240v 50/60hz
- ✓ 2-year full coverage device guarantee 1 year for sensors and accessories

NMS<sup>®</sup> is to be used with the recommended personal underwear which allows excellent conductivity. Personal underwear is washable and designed to respect the user's privacy during the procedure.





#### NMS® key advantages:

- ✓ EFFICACY: there is no other technology in the world capable of delivering such strong results. Results are visible FROM THE FIRST SESSION
- SAFETY: programs are piloted by the operator from the tablet, the operator can adapt the parameters to each client, increase or pause each muscle group separately
- ✓ RELIABILITY: NMS® by Cryoskin Paris complies with European quality regulations which are among the most severe in the world
- Muscle development category is booming in all the world, nevertheless not all the technologies are the same
- The Neuro-Muscular Stimulation NMS® by Cryoskin Paris is, thanks to its unique neuro-muscular pulse, the DEEPEST, STRONGEST, MOST COMFORTABLE technology on the market
- The 6 NMS® programs (Contouring, Muscle, Cellulite, Recovery, Drainage, Pelvic Floor) will allow you to reach a very large clientele, for a faster ROI
- NMS\* is very easy to set up and very easy to use. There are no hidden costs, nor any consumables (only the personal underwear), and no limit in the number of sessions operated

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